

LITANY OF TRUST

*From the belief that
I have to earn Your love*

Deliver me, Jesus.

*From the fear that I am
unlovable*

Deliver me, Jesus.

*From the false security
that I have what it takes*

Deliver me, Jesus.

*From the fear that trusting You
will leave me more destitute*

Deliver me, Jesus.

*From all suspicion of
Your words and promises*

Deliver me, Jesus.

*From the rebellion against
childlike dependency on You*

Deliver me, Jesus.

*From refusals and reluctances
in accepting Your will*

Deliver me, Jesus.

From anxiety about the future

Deliver me, Jesus.

*From resentment or excessive
preoccupation with the past*

Deliver me, Jesus.

*From restless self-seeking
in the present moment*

Deliver me, Jesus.

*From disbelief in Your love
and presence*

Deliver me, Jesus.

*From the fear of being asked
to give more than I have*

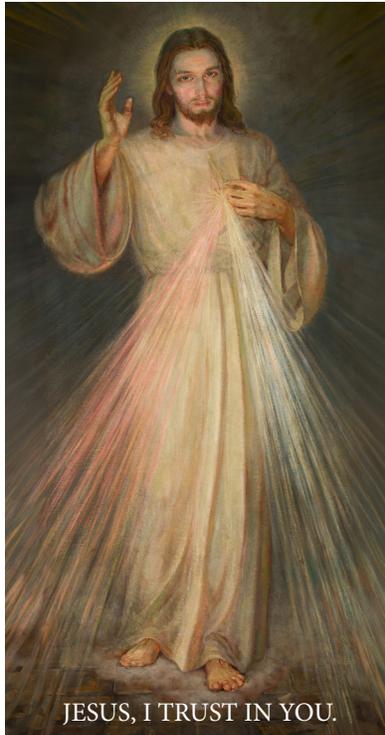
Deliver me, Jesus.

*From the belief that my life
has no meaning or worth*

Deliver me, Jesus.

From the fear of what love demands

Deliver me, Jesus.



From discouragement

Deliver me, Jesus.

*That You are continually
holding me, sustaining me,
loving me*

Jesus, I trust in You.

*That Your love goes deeper
than my sins and failings
and transforms me*

Jesus, I trust in You.

*That not knowing what
tomorrow brings is an
invitation to lean on You*

Jesus, I trust in You.

*That You are with me in
my suffering*

Jesus, I trust in You.

*That my suffering, united
to Your own, will bear fruit
in this life and the next*

Jesus, I trust in You.

*That You will not leave
me orphan, that You are
present in Your Church*

Jesus, I trust in You.

*That Your plan is better
than anything else*

Jesus, I trust in You.

*That You always hear me
and in Your goodness
always respond to me*

Jesus, I trust in You.

*That You give me the grace
to accept forgiveness and
to forgive others*

Jesus, I trust in You.

*That You give me all the
strength I need for what
is asked*

Jesus, I trust in You.

That my life is a gift

Jesus, I trust in You.

*That You will teach me to
trust You*

Jesus, I trust in You.

*That You are my Lord and
my God*

Jesus, I trust in You.

That I am Your beloved one

Jesus, I trust in You.

SISTERS OF LIFE

sistersoflife.org

Written by the Sisters of Life

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