

I'll never forget meeting Lisa for the first time.

I felt ill qualified and had little confidence in my abilities to help this woman so alone and in need. She was single and pregnant. What could I possibly do to help? I soon discovered, however, that it was actually *she* that had something to offer *me*...

As the months passed by and I came to know the beauty and goodness of this courageous woman, I found myself reaching out in ways I didn't know I was capable. The more I extended myself in generosity and compassion, the more I experienced the joy that comes from witnessing the transforming power of God's grace in another's life.

Lisa blossomed. Yes, these were days richly blessed for us both.

-Margaret

# THE CO-WORKERS OF LIFE



For more information  
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Building a culture of life  
one heart at a time.

Join us.

SISTERS OF LIFE  
Visitation Mission



Twice a year our Co-Worker Training days provide the forum to gain the necessary skills needed to begin serving a vulnerable pregnant woman.

## Who are Co-Workers?

A group of faithful laity, the Co-Workers see the Sisters of Life as the bridge that connects their desire to do good with those in need. The gifts they have offered to women, many of whom have been rejected by those closest to them, have been a source not just of practical assistance, but of hope in the goodness of life. There is a spiritual power that exists in this sincere gift of self made one heart to another. It breaks down walls and renews hope, strengthens faith and links lives in a web of grace. Such gifts build a culture of life, one heart at a time. And that's what the Co-Workers of Life are all about!

## What do our Co-Workers do?

They share their talents, time and their very self in service to pregnant women in need. Based out of local or parish communities, each group has a Visitation coordinator who locates needed resources within the local community. Consider one of the following ways you can reach out and help build a culture of life and love.

## Where do you fit into the loving solution?

**Holy Respite:** A family or single woman able to open their home in order to support and nurture a woman in need during her pregnancy.

**Handmaids:** Women with the "heart of Mary" who befriend a woman in a difficult pregnancy. Handmaids might go out for a cup of tea, chat on the phone or take a walk; in short they help keep hope alive.

**Visitation Coordinators:** This critical role as 'servant of the servants" requires a talented and well-connected person who heads up the effort of coordinating needed resources in the local community.

**Spiritual Leaders:** Priests and other faith formators who are able to guide women at a crucial juncture in their relationship with God.

**Visitation Brothers:** Men who approach the father of a baby with the *heart of a brother*, mentoring and guiding him in learning to support the mother of his child.

**Health Professionals:** Doctors, nurses and other medical professionals, committed to the sanctity of human life, who assist a woman during pregnancy and her infant following birth.

**College University Contacts:** Those involved in post-secondary education and campus life who can help with transfer of credits and tuition waivers.

**Business Professionals:** Someone who can advise or provide employment for a pregnant woman before and after giving birth.

**Counselors:** Committed to upholding a woman's plans to give life to her child, these therapists provide an essential supportive resource in dealing with the personal, emotional, and cognitive challenges that arise during pregnancy.

**Lawyers:** Professionals willing to offer legal counsel and services in the areas of adoption or child custody.

**St. Joseph's Workers:** Men willing to help a vulnerable pregnant woman by building cribs, moving furniture, and other "handy-man" services.

**Prayer Guardians:** Men or women who will stand spiritually with a pregnant woman, daily lifting her up and guarding her through their prayer.

**All Good Things Provider:** Individuals or groups who will provide gift cards for Maternity Clothes, Baby Items, or Food.

Call us: 212.737.0221